



SREE GOKULAM MEDICAL COLLEGE & RESEARCH FOUNDATION

(A UNIT OF FOUNDATION OF NON-RESIDENT INDIANS)

SGMCRF/C1/CAOC/2012

22/01/2024

PROCEEDINGS OF THE PRINCIPAL

Sub: Community Activities Organising Committee Re-Constituted -reg.

The Community Activities Organising Committee is re - constituted with the following members w. e.f 20/01/2024

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|---|----------------|
| 1. Dr. Benny P V, Professor & Head, Dept. of Community Medicine | Chairperson |
| 2. Dr. Anil Bindhu, Professor, Dept. of Community Medicine | Co-Chairperson |
| 3. Dr. Jithu S J Nath, Assistant Professor, Dept. of Community Medicine | Convener |




PRINCIPAL

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Sree Gokulam Medical College &
Research Foundation, Venjaramoodu
Thiruvananthapuram-695 607

Sree Gokulam Medical College & Research Foundation

Community Activities Organising Committee

A. Composition of the Committee:

1. Dr Benny P V, Professor, Head ,Dept. of community medicine .
2. Dr Anil Bindhu, Professor, Dept. of Community Medicine Co-Chairperson
3. Dr Jithu S J Nath, Assistant Professor, Dept. of Community Medicine Convener
4. Mr. Rohit R Divakar, MSW
5. Mr. Jaims Jayaprakash ,HI
6. Mrs. Sharika, HI
7. Mr. Mohanan, Entomologist

B. Statement of Purpose:

Engaging in community activities within a medical college is of paramount importance as it plays a crucial role in shaping well-rounded and socially responsible healthcare professionals. Beyond the rigorous academic curriculum, participation in community-based initiatives fosters a holistic understanding of healthcare, enriching the educational experience and contributing to the development of compassionate, culturally competent, and empathetic medical practitioners.

Firstly, community activities provide medical students with invaluable opportunities to directly interact with diverse populations. This hands-on experience is instrumental in honing communication skills, cultural sensitivity, and the ability to navigate various social contexts. Such interactions are especially critical in healthcare, where effective communication is fundamental to building trust and ensuring patient compliance.

Moreover, involvement in community outreach programs allows medical students to witness the socio-economic determinants of health first hand. This exposure goes beyond textbook knowledge, instilling a profound understanding of the real-world challenges that individuals and communities face in accessing healthcare services. Recognizing and addressing these determinants is essential for aspiring healthcare professionals to advocate for equitable and inclusive healthcare practices.

Participating in community activities also cultivates a sense of social responsibility and civic engagement among medical students. By actively contributing to the well-being of local communities, students develop a commitment to addressing health disparities and promoting health equity. This mindset is integral for fostering a healthcare workforce that is not only clinically proficient but also actively involved in addressing broader public health issues.

Furthermore, community engagement reinforces the importance of preventive medicine and health promotion. Through initiatives such as health camps, awareness campaigns, and educational workshops, medical students learn to emphasize the significance of preventive measures and lifestyle modifications in maintaining overall well-being. This proactive approach aligns with the broader shift in healthcare towards promoting health and preventing diseases.

In conclusion, community activities in a medical college are indispensable for shaping future healthcare professionals who are not only academically proficient but also socially aware and compassionate. The integration of community engagement into medical education contributes to the development of a healthcare workforce capable of addressing the complex and multifaceted health needs of diverse populations. It is a cornerstone in nurturing healthcare practitioners who prioritize the well-being of individuals and communities, fostering a positive impact on both local and global healthcare landscapes.

C. Objectives / Functions of the Committee:

- To prevent diseases in the community
- To increase community awareness
- To nurture scientific temper in the community.

D. Powers / Duties of the committee:

- Coordinating community events and health days
- Conducting free health camps
- Working along with students union for increasing awareness

E. Frequency of Meetings:

Once in 3 month

F. Tenure of the Committee:

Three years